

NEWS

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\$2,000 DONATION HELPS CENTRAL DISTRICT HEALTH PURCHASE NEW STEAMER FOR MT. HOME SENIOR CENTER KITCHEN

The Mountain Home Senior Center Kitchen, which prepares nearly 400 meals weekly for senior participants of Meals On Wheels and the senior center dining programs, has a new state-of-the-art vegetable steamer thanks to a \$2,000 donation from US Bancorp. The kitchen, located at 1000 N. 3rd East, is operated by Central District Health Department's (CDHD) Office of Health Services for Seniors.

The new steamer can cook up to 20 pounds of food at a time, according to Angela Spain, manager of the CDHD senior nutrition program. "Previously we prepared vegetables on the stove top and, in those large quantities the food lost color, flavor and nutritional value, plus it was very time consuming," said Spain. "The new steamer will keep the food's nutrition and flavor, and save us preparation and cleanup time, allowing us to accommodate more clients without increasing staff size.

"The steamer cost a total of \$3,700, and we wouldn't have been able to purchase it without US Bancorp's generous support," said Spain. "We were able to add the \$2,000 US Bancorp donation together with money brought in through previous fundraising efforts to come up with the full amount to purchase this much needed piece of equipment," she said.

The Meals On Wheels and senior center dining programs serve more than 20,200 meals annually to senior citizens throughout Mountain Home. Participants also receive nutritional education and information. These senior nutrition programs are supported through federal, state and county funding, grants, donations and fundraising. For more information call 327-7460.

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